Rupinder Kaur

Founder. Coach. Mentor. Daring South Asian Women To Dream Bigger

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AWMB

ASIAN WOMEN **MEAN** BUSINESS

ABOUT ME

Rupinder Kaur is the award winning founder of AWMB, a British Asian woman who has experienced and excelled in both corporate and entrepreneurial environments.

She is passionate about helping Asian women unlock their silent strength to empower them to reach their full potential.

AWMB help South Asian women shift from isolation and overwhelm to professional and personal joy by providing the framework, resources and support needed to build balance and structure, within a vibrant sisterhood.

With eighteen years experience in the world of human resources, psychology, coaching and mentoring she is able to utilise all her knowledge and tools to ensure women are given the support they need to lead a life they are proud of and that reflects their values and dreams.

She is a mother to Daya and Sahib and understands the challenges that working mothers face, and also how becoming a mother can change your identity as a woman, your life aspirations and trying to understand who you really are.

Rupinder was invited and accepted into the Forbes Coaches Council in January 2020. She is the only Sikh woman from the UK on this prestigious council.

MOST POPULAR TALKS

Thriving In Tough Times

Why The World Needs Your Passion

The Power Of Living Life Without Permission

Being The Woman YOU Want To Be

Unshakeable Confidence: Become 100% Secure In Who You Are

From Burnout to Breakthrough: Navigating the Path to Personal Growth

Scaling New Heights: Conquering Mountains and Overcoming Challenges

Rupinder your energy is FIRE! You have inspired me to pursue my purpose with passion and without revelation! Thank you! Preet

Thank you for sharing your journey with such courage and honesty. It's made me realise that I can do it too. Sharan

GET IN TOUCH

IF YOU'RE LOOKING FOR A PASSIONATE SPEAKER ON TOPICS RELATING TO DIVERSITY, INSPIRING MINORITY WOMEN INTO LEADERSHIP, PEOPLE LEADERSHIP, AND BURN OUT THEN LOOK NO FURTHER.

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